



ETHNIC GROCERY STORES—REGINA

Al-Minar Halal

229-B Victoria Avenue 306-206-1859

Mediterranean, African, Asian groceries, fresh zabiha halal meat

Aroma Spices

4129 Albert Street 306-347-7423 www.aromaspices.ca

Indian, Italian, Middle Eastern and other cuisines. Gound and whole spices, beans, lentils, appetizers, snacks, pastes, pickles, Indian sweets, desserts, ready-to-eat and frozen foods, specialize in vegetarian and vegan foods

Bismillah Halal

4614 Albert Street 306-347-0786

Pakistani, Indian, Bangladeshi and Middle Eastern groceries, fish, meat, biryani and samosas, kababs, spices

Bombay Spices

3918 Gordon Road 306-586-0408

Bombay Spices online shopping <http://www.bombayspices.ca/>

C Mart Enterprise

D-3847 Albert St, Regina 306-791-0910

Filipino staples - coconut jam, macapuno jelly, noodles, shrimp chips (no ube jam, boo). Everything you need to make lumpia and pancit

Central Halal Meat & Grocery Supermarket

2633 Dewdney Avenue 306-205-530

Pakistani, Indian, Bangladeshi and Middle Eastern groceries, fresh meat, fresh sweets and desserts



ETHNIC GROCERY STORES—REGINA

East Indian Grocery Store

3144 Avonhurst Drive 306-545-4960

Variety of fresh, frozen and canned ingredients to make the traditional foods of many different cultures

Fiesta Filipino Pastry

2926 – 13th Avenue 306-352-0750

Traditional breads and baking

G & J Phillipino Food Store

190 Broad Street North 306-791-0148

Filipino groceries, frozen and dried foods

India Food Center (Tony's)

417 Victoria Avenue 306-757-9940

Variety of imported spices, beans, lentils, pickles, fresh and frozen products, Jamaican products, large variety of ethnic foods: from Indian specialty items, to Mexican corn tortillas to fresh Injera (used in Ethiopian cooking)

Italian Star Deli

1611 Victoria Ave 306-757-6733 www.italianstardeli.com

Specialty Italian oils, pastas and flours, gourmet Italian food items, imported European products

Joes European Deli and Catering

775 E Ross Avenue 306-347-8221

Meats, specialty food products, gluten-free products



ETHNIC GROCERY STORES—REGINA

Juba Star Grocery

2143 Albert Street 306-205-4954

East Indian, African and Middle Eastern foods (Halal), African clothing, alterations

Kuya Wayne's Sari Sari Store

828 Albert Street 306-352-3351

Filipino foods and products (plus Golilocks products), balik bayan boxes; calling cards, lechon baboy

Mang Gerry's Filipino Store

109A Albert Street 306-584-9789

Variety of Filipino snacks, canned and frozen goods, also offers money remittance to the Philippines

M & H Glamour Spice Emporium Inc.

2155-7th Avenue 306-525-5222

Condiments and sauces

Mohammadi Grocery and Halal Meat Store

622 Victoria Avenue 306-205-3968

Halal fresh meat, frozen fish, mostly Bangladeshi products

New Era Groceries and Confectionary

401 Osler St 306-543-9077

Traditional ingredients in Caribbean, Middle Eastern, Persian & African cuisine.

Ngoy Hoa Asian Foods

1580 Albert St 306-757-4264

Chinese, Filipino, Japanese, Laotian, Korean, Thai, Vietnamese, rice, canned foods, spices, traditional medicines



ETHNIC GROCERY STORES—REGINA



Old Fashion Foods

Head Office - 501 Victoria Avenue	306-352-8623
4123 Rochdale Blvd.	306-545-4699
3976 Albert Street	306-585-2144
2425 Quance Street East	306-789-4055
447 Albert Street	306-924-3134

(Not ethnic but local—carry a lot of ethnic, local, natural, and organic products, will order in)

Pacific Fresh Fish

3005 – 13 th Avenue	306-525-9147
679 Henderson Drive	306-721-7944

Fresh fish and seafood

Rosemond African Food Market

215 Victoria Avenue E	306-352-5252
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Seoul Mart

2101 Broad Street	306-352-1551
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Korean products imported from the U.S., rice, teas, seasonings and powders, spices

Shah Foods & Halal Meats

301 Victoria Ave E	306-522-7424
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Pakistani, Indian food, masala mixes and spices, fresh certified halal meats, frozen fish, fresh samosas

Spice Bazaar

112 Victoria Avenue	306-757-7423	www.spicebazaar.ca
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Frozen foods, fruits, vegetables, condiments/pickles, spices, dairy products





ETHNIC GROCERY STORES—REGINA



T&D Filipino Sari-Sari Store

6851 Rochdale Blvd. 306-586-0081

Fresh and packaged traditional Filipino food

Ukrainian Coop

1805 Winnipeg Street 306-522-3125 ukrainiancoop.com

Sausage, ethnic foods, imported foods, perogies, cabbage rolls, ethnic clothing and gifts

Wang-Wang Taiwanese Foods

215 E Victoria Avenue 306-352-0868

W & M Hong Kong Bakery

1415 – 11th Avenue *1 306- 206-1750

Hong Kong Chinese style baked goods, buns, cakes, puddings, and desserts

Zum Zum Grocery

C - 1235 Albert Street 306-596-3210

Pakistani, Indian, Bangladeshi, Middle East grocery items, 100% Halal Meat

Zam Zam Wraps

3618 Eastgate Drive 306-525-2255 <http://zamzamwraps.com/contact-us/>

Middle Eastern groceries



ETHNIC GROCERY STORES—REGINA

The Regina Region Local Immigration Partnership (RRLIP) developed this list of 'Ethnic Grocery Stores' in the city, to facilitate easy access of information for newcomers, community members and agencies.

A work in progress, the plan is to continue updating as we become aware of more stores specializing in foods to serve our increasingly diverse population.

If you know of any other 'Ethnic Grocery Stores' operating in the city, please inform us at info@rrlip.ca or call

306-791-6841.

Please also refer to the website:

www.rrlip.ca

Links, information, newsletters, resources and news blogs are available.